

## Try 3 classes for FREE!

#### WWW<sub>B</sub>BFITCROSSFIT<sub>COM</sub>

# BFIT CROSSFIT SCHEDULE

Sunday: 4:30pm & 5:30pm (First Time Guest are welcome to attend) Monday: 5am, 6am, 8:30am, 12pm, 3:30pm, 4:30pm, 5:30pm, 6:30pm \* 6:30pm Free Trial Class Tuesday: 6am, 10am, 12pm, 3:30pm, 4:30pm, 5:30pm, 7:30pm \*Open Gym: 6:30pm Wednesday: 5am, 6am, 8:30am, 12pm, 3:30pm, 4:30pm, 5:30pm \* 6:30pm Free Trial Class Thursday: 6am, 10am, 12pm, 3:30pm, 4:30pm, 5:30pm, 7:30pm \*Open Gym: 6:30pm Friday: 5am, 6am, 8:30am, 12pm, 3:30pm, 4:30pm, 5:00pm Saturday: 8am & 10am (partner wods)

\*Beginners Class: Mon-Fri @ 7am \*Heavy Class: Tuesday 5am

## PACKAGE OPTIONS

12 Packages - \$80 per/package 12 - 30 instructional day pass 6 Packages - \$90 per/package 6 - 30 instructional day pass 1 Packages - \$105 per/package 1 - 30 instructional day pass 6 Packages - \$60 per/package 6 - 8 instructional day pass

\* Ask about our family plans. They start with 3 people from your family!

\* all payments are monthly

#### Occupational Discounts MIlitary, Police, Fire, Education

- 12 Packages \$70 per/package
- 12 30 instructional day pass
- 6 Packages \$80 per/package
- 6 30 instructional day pass
- 1 Packages \$100 per/package
- 1 30 instructional day pass
- 6 Packages \$55 per/package
- 6 8 instructional day pass

### College Student Packages

- 4 Packages-\$60per/package
- 4 30 instructional day pass
- 4 Packages \$50 per/package
- 4 12 instructional day pass

## (816) 261-4836 / 2202 LOCUST, ST. JOSEPH, MO 64501